Cats on Mats hosted by Evolve-barre yoga pilates LLC

2017-07-14 21:34:30 by MelissaH0243

Cats and Kittens, OH MY! We are at it again to showcase some of the cutest fluffiest kitties from the Humane Society of Richland County and help raise money for our four legged friends.



This is a great opportunity to socialize with adoptable cats and kittens galore!

We will also be moving through a YogaBasics class with Aimee Monroe. This class is perfect for beginners, or for those interested in perfecting their form and alignment in traditional yoga poses.

Cost is \$15 per person

100% of proceeds go to the Humane Society of Richland County

2 ways to RESERVE YOUR SPOT--

- 1) visiting www.mindbodyonline.com, create a quick account OR
- 2) Download the mindbody connect APP and login

Once you have an account, you have full access to the Evolve schedule and can reserve and pay!!

Sunday, July 16th 3:00pm-4:00pm

Evolve- barre yoga pilates LLC 1336 W 4th St, Mansfield, Ohio

MyMidOhio

http://www.r	mymidohio.com
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